

Healthy Homemaking - Baby Steps Checklist

Baby Steps	Date started	Goal for completion	Date finished	Things to buy	Things to read	To do	Other
<i>Reduce Waste</i>							
<i>Wonders of Vinegar</i>							
<i>Cooking Brown Rice</i>							
<i>Lighten Up Your Pantry</i>							
<i>Bring Your Own Bag</i>							
<i>A Good Egg</i>							
<i>Meal Planning Primer</i>							
<i>What Goes On, Goes In</i>							
<i>Natural Cleaners</i>							
<i>Evaluate Fat and Oils</i>							
<i>Homemade Condiments</i>							
<i>The Story of Stuff</i>							

<i>Creative Repurposing</i>							
<i>Cooking Oats</i>							
<i>Making Homemade Yogurt</i>							
<i>Naturally Female</i>							
<i>Bad Plastics</i>							
<i>Improve Produce Quality</i>							
<i>Kick the Pop/Juice Habit</i>							
<i>Deck Your Baby in Cloth</i>							
<i>Freecycle is Your Friend</i>							
<i>Better Quality Meat</i>							
<i>A Better Method for Baking</i>							
<i>Treats What Ails Ya (Naturally)</i>							
<i>Evaluate Dairy Choices</i>							